



Modified Japanese Orthopaedic Association Cervical Myelopathy Questionnaire

Name : _____

Date: _____

This questionnaire gives us information that is easy to track overtime and provides insight as to how your spinal cord dysfunction affects your quality of life.

Motor Dysfunction of the Upper Extremities

- ① Unable to move hands
- ② Inability to eat with a spoon but able to move hands
- ③ Inability to button a shirt, but able to eat with a spoon
- ④ Able to button a shirt with great difficulty
- ⑤ Able to button shirt with slight difficulty
- ⑥ No dysfunction

Motor Dysfunction of the Lower Extremities

- ① Complete loss of motor and sensory function in the legs
- ② Sensory preservation without ability to move the legs
- ③ Able to move legs, but unable to walk
- ④ Able to walk on a flat floor with a walking aid (cane or walker)
- ⑤ Able to walk up and down steps with a hand rail
- ⑥ Moderate to Severe lack of stability but able to walk up/down stairs without the hand rail
- ⑦ Mild lack of stability but walks with smooth reciprocation unaided
- ⑧ No dysfunction

Sensory Dysfunction of the Upper Extremities

- ① Complete loss of hand sensation
- ② Severe sensory loss or pain
- ③ Mild sensory loss
- ④ No sensory loss

Sphincter Dysfunction Score

- ① Inability to micturate/void urine voluntarily
- ② Marked difficulty with urination
- ③ Mild to moderate difficulty with urination
- ④ Normal urination

Scoring:

< 7 Severe Myelopathy

8-12 Moderate Myelopathy

>13 Mild Myelopathy

Total Possible 18